



In times of uncertainty such as this, we see the best of our community emerge. We are overwhelmed with gratitude for all who have asked, "How can I help?" in the midst of the COVID-19 crisis.

The best way you can help our most vulnerable neighbors right now is by [making a financial donation](#).

Financial donations support our ability to respond to emergency needs for food and financial assistance most flexibly, while reducing the number of hands that touch the food and goods we distribute. With your \$1 donation, we can source \$9 of food from partners.

Here's what your donation can do:

- \$250 fills 60 emergency bags
- \$100 feeds a family of 4 for a month
- \$50 provides food for 236 meals

Here are more ways you can make a difference:

- **Connect.** Social distancing doesn't have to mean social isolation. Reach out to neighbors by phone, email or community networking sites. If someone in [our service area](#) is in need of food or emergency financial assistance, have that person contact us directly at 763-489-7500 or clientintake@iocp.org.
- **Volunteer.** While we are temporarily suspending volunteer opportunities in our building to reduce exposure, our partner Second Harvest Heartland is in need of [volunteers](#).

This community always rises to every challenge, and this is no exception. Our community knows how to get really hard things done.

Thank you for your support!

P.S. [Check our website](#) to stay up to date on our emerging needs and services offered during COVID-19.